

Leukemia Cup Regatta

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Van Pelt's trip to Asia. See more inside! page 5

May June 2008 Vol. VI No. 2

FROM THE BI

Ron Meyer Commodore

LMVYC 1st Annual Leukemia year mark in remission. This helps us all stay focused on the results of May 31, 2008 Cup Regatta; our fund raising effort.

I would like to extend my sincere appreciation for all of the assistance I thoroughly enjoyed the Reverse

provided to make this the First Portsmouth Regatta which is fun Annual Leukemia Cup Regatta on from the stand point of attempting Lake Mission Vicjo a success!! At catch fellow racers. The Poker this point about \$5,000 was raised. Run on the other hand with the gusty winds and windward docks

In my own case to be around two made it a sailing challenge. In years after having recovered from order to draw cards, grab a snack Leukemia is both a blessing from for my grandson and move on was God and an indication of how exciting to say the least. It was fun successful the results are from not to mention the party boats that donated research funds. Now I am would slip in front of the sailors able to give back by assisting with tacking back and forth waiting for the national Leukemia Regatta Cup a shot at the dock. What a terrific and to raise research money and learning curve that was had by the assistance for blood cancer victim's sailors on the poker run!!!

children!! This Continued on page 3 especially the year's Honored Skipper, Teresa

Morrison, age ten, reached her five It was fun for our members to





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Post-its from the Secretary

Suddenly it's summer and sailing on the Lake never looked so enticing.

Be sure to mark your calendar for our Summer Regatta II, on June 22. There'll be a flyer with the details a week or so beforehand.

The Duty Officer program instigated this year has been a big success, as members take their turn, alphabetically, helping the fleet surgeons at our regatta events for a couple of hours. With our membership level, "duty' is only required about once every two years or so. You'll receive a phone call from fleet surgeons Cathie or Marilyn a week or so ahead of time to remind you. If you have any questions, or have forgotten when your turn is scheduled this year call Cathie at 830-9615 or email Marilyn at mgh852@vahoo.com

Duty Officers scheduled to help at the June 22nd regatta are Ruth & Donald Church; Dieter Himmler; Willi & Susanna Hugelshofer; and Toshio & Miyako Ishikawa. Many hands will make light work!

Summer means our popular Friday Sail and Supper evenings will be starting too.

Plan to attend the first one on July 11. Informal sailing starts around 4:30 and we meet at the Clubroom picnic area for a "bring your own bbq and beverage" get together around 6:30. BYO salad and sandwich eaters are welcome too!

No regattas are scheduled in July, but our Wednesday Sunset Sails continue. Lake Capri 14 rental boats are free to members on Wednesdays and Fridays. The Club owned Sabots, and Balboa 13s are also available to members – call Rod Simenz

or Morrie Willkie about these. There are different guidelines for using these boats. See Morrie's article elsewhere in this Newsletter.

Come out and play with us during these warm, sunny evenings!

Here is a note from Morrie Wilkie

Summer is here and we have Balboa 13s available for those brave enough to sail one.
They arefast and very competiveand designed as a two personracing craft.

These are available for Wednesday night practice sailing to get a feel for the boat. and first come first served for each of the regattas on our lake.

We are asking for a small donation for maintenance of \$2 on Wed/Sat and \$5 for race. These are Yacht Club owned boats and can be checked out for racing or pleasure by contacting: Morrie Willkie, Balboa 13 fleet captain (949) 830-9615 or (949) 683-0155 cell Boat Launching

Check that drain plug is in place, Place sail tube, and sail covers in storage area not on asphalt.

Storing Boat

Remove drain plug and store in bottom of boat.
Roll sail onto tubing, Foot to head of sail, keeping battens parallel to length of tubing. Place sail in sail bag, coil main sheet. Store sail and all equipment in boat. Check to see that all equipment is in boat beforecovering. Place cover over boat and store boat in storage area. Any accident related to property damage to other parties or personal injury should be reported with-in 24 hours to Morrie Willkieor Commodore Ron Meyer. Our Insurance policy requires that an occurrence be reported as soon as possible.

share our yacht club activity with the poker run guests, meet other members of the lake community and come together in such a great fund raising effort on this beautiful private lake. The picnic and bar with the silent auction of many great gifts provided a great setting to meet each other and give away prizes. What an opportunity to invite other lake members to join the Yacht Club in the future or help with next years fund raiser.



Tammy Sung
of the Orange
County
Chapter of the
Leukemia and
Lymphoma
Society
expresses her

sincere thanks for the assistance she received in coordinating the activities with the club before and during the event. For those of you having missed the



event and wanting to make a donation, they can still be made for this years effort till October 31,

2008. Just let myself or Audrey know.

My Heart Felt Thank You to the sailing crew listed below that made this event possible:

Ed Rodriquez, Leukemia Cup RegattaCo Chair and food provisions

Rod Simenz and Randy Tiffany Regatta and Poker Chairs Audrey Simenz, set up provisions Tammy Sung and LLS Staff

Picnic Set Up and Cooks

Steve and Patty Lash

Audrey Simenz

Ed Rodriquez

Balloons and Banners

Frank Fournier

Dave and Donna Livermore

John Olson

Dock Home Owner Hosts

Ted and Betsy Beresford

Christy and Glen Holmes

Diane Lincoln

Dale and Janet McNeely

Dock Poker Hand Dealers

Bud and Jewell Corning

Michelle Asay

Vivienne Savage

Denis and Jewel Kamita

Silent Auction Donation items

Tony Musolino

Susan Christensen

Rod Simenz

Karen and Ross Bennett

LMVYC Spring Regatta II 2008: Held Sunday May 18th:

The LMVYC Summer Regatta & Orange County Symphony Orchestra Classical Pops Concert was a success. Rod's timing with boats sailing and finishing the third race behind the orchestra was a conductors high!!! After finishing behind the concert area for the spectators on the grass, LMVYC members were able to grab a box lunch and enjoy the rest of the concert. Well done Rod!!

LMV & LMVYC Marine Day Held Saturday May 3rd.

Michelle Asay was terrific coordinating the LMVYC sailors in providing rides for the visiting marines and their families. She also took many pictures for the event. She received an official commendation from the officer of the battalion. Again thank you.

Finally a reminder! If you want to experience the action of a fast sailing one design fleet check out the new club Balboas. In the normal mild to light wind conditions on the lake they will be very rewarding. See Morrie or Rod for more details on this new Fleet!!

See you on the Lake and at the next Event, the Annual Summer Regatta!

Ron Meyer Commodore June 12, 2008

LMVYC Presents Something New in 2008

Sabot Sail About

Enjoy casual group sailing with other adult club members*

Learn to rig, launch and sail these easy to handle 8' dinghies

Sailing coaches will accompany the group in an electric boat.

A typical outing will be about 2 hours including boat launch and retrieval.



Times are flexible – any week day afternoon at a time when

two to four members can get together.

Four club boats are available, one person in a boat. Call or e mail Rod Simenz for more information -

462-0838 or adrfs@cox.net

*Note: A separate Sabot sailing program will be available to junior members.

Just a reminder and to fill this space. Here is the duty

roster for the remainder of the year.

Summer Regatta Sunday June 22

<u>4:00 pm – 6:30 pm</u>

Himmler

Hugelshofer

Ishikawa

31st Annual Regatta Sunday August 17

4:00 pm - 6:30 pm

Johnson B & S

Johnson/Meyer

Kamita

Fall Regatta Sunday Sept. 21

4:00 pm – 6:30 pm

Keller/Standridge

Kerza-Kwiatecki

Krinitt

Fall Invitational Saturday October 4

4:00 pm - 6:30 pm

Langenfeld

Lash

Top Skipper Championship Sunday October 19

4:00 pm - 6:30 pm

Livermore

Manarino

Turkey Regatta Sunday November 9

4:00 pm - 6:30 pm

Marshall

McCollum

Mendoza

Christmas Party Saturday December 6

4:30 – 6:00 (Parade is at 6:00 pm) & 7:00-8:00 pm

Meyer

Miely

Miklaus

2008 S.E. Asia Trip

LAX to Bangkok with a layover in Seoul, Korea. Having application at the Vietnamese Embassy and get out of town ASAP. I checked the tour desk at the hotel and signed up for a train trip on the old narrow gauge Siam-Burma line that stops at the famous bridge over the River Kwai, built by Allied prisoners during World War 2. The POW camp itself was located in the town of Kanchanaburi, but the only remnant is the cemetery, which contains over 6500 graves of Allied servicemen and women. The tracks north of the river heading to Burma were cut many years ago so I headed south by bus at this point to the beach city of Pattaya, which has become a mecca for Russian tourists seeking to escape the harsh winter of the former Soviet Union.

While exploring a small island close to Pattaya I met a young Russian gal named Lara who came from the Urals



with some friends. She spoke no English but the few Russian words that I knew opened up the conversation and we all spent the afternoon drinking and comparing

notes regarding our respective countries. I wanted to stay longer, but I received notice that my Vietnamese visa had been approved and date stamped. I flew to Hanoi the following morning.

the long row of Mig23 fighters parked at ready next to the active runway. Clearing customs and immigration was relatively easy and the cab driver, who spoke English, recommended an inexpensive hotel in the old quarter, which turned out to be quite convenient. I spent the next several days doing the usual tourist things including visiting Ho Chi Minh's tomb and having my photo taken with some former NVA veterans touring the

city. The former French prison dubbed the Hanoi Hilton by This adventure started with a rather prolonged flight from US servicemen was quite interesting. Sen. John McCain's flight suite is even on display along with photos of the other been in Bangkok before, my goal was to drop off my visa captured American pilots who were imprisoned there during the war.

> While in Hanoi, I was advised by several backpackers that a trek through the mountains up in Sapa was a must do if you wanted to meet tribal people as they rarely visit the city. Sapa is close the border with China and required a twelve-hour overnight train ride plus a bus ride up a narrow mountain pass. It was well worth it as this small town served as a jump off point for hikes further up to the remote villages inhabited by the Black Mong and Red Dzao tribes who speak their own language and still live like they did centuries ago.

Heading back to Hanoi I took a side trip to Ha Long Bay and toured the lime stone islands via an overnight stay on a classic



junk which was quite peaceful and relaxing after hiking up and down the mountains in Sapa.

Not wishing to endure another twelve-hour train ride, I elected to fly down to Hue to visit the ancient capital of Viet On arriving at the Hanoi airport you could not help notice Nam. The Citadel is still relatively intact despite all of the bombing during the Tet Offensive in 1968. I also elected to journey up north to the old DMZ and cross the Ho Chi Minh Trail up to the former US firebase known as Khe Sanh. Heading south by bus I visited Da Nang, China Beach, Nha Trang and My Son, which is just up the road from the infamous village at My Lai. Despite all of the conflict that had taken place in this area, the locals were extremely friendly and helpful. They were very much interested in

showing you the ancient ruins in the outlying areas and would offer rides in their US Army jeeps which are still running after all of these years.

Before heading down to Saigon, I made a side trip up to the central highlands and to the former French City of Da Lat that looks more like Europe than S.E Asia with it's five star hotels and upscale restaurants. I spent several days exploring this city and outlying areas before catching the bus that runs down the backside of the mountain to Saigon.

Although officially renamed Ho Chi Minh City by the communist government, most locals still refer to the city as Saigon with its beautiful parks and French architecture. It is however very busy and boasts more motorbikes per capita than any place in the world.

It is here that you will find museums of all kinds and are even able to visit the former presidential palace and

undergroun d bunker. The NVA tanks that knocked down the gates in 1975 are still parked



lawn and one sole Huey helicopter has been left on the roof as a display. The place is a real time warp but most people in Viet Nam are to young to remember any of the history behind the displays. The next day I took the bus out to Cu Chi village to explore the tunnels built by the Viet Cong. I was amazed at how close the tunnels were to downtown Saigon. The terrain is still pock marked from the B52 air strikes that never did destroy the tunnels which are now open to the public. At edge of town is the shooting range where you can test fire fully automatic weapons including AK47's and a captured American M30 machine gun.

My next stop was the Mekong Delta for a tour of the

jungle and the floating villages which are so prevalent in this region. This was the only area where I saw a snake (an eight foot python) that was sleeping under the table at an outdoor restaurant in a little village where I had lunch. The only other snakes I saw were cobras in a jar that was some type of a drink that the locals seemed to enjoy. I



passed on that experience.

The final country on this trip was Cambodia that can be accessed by boat via the Mekong River. I elected to

travel on a small sampan that could negotiate the smaller canals that head up through the delta. As the waters narrowed and the jungle started to close in, I felt a bit like Martin Sheehan searching for Marlon Brando in Apocalypse Now which is still a popular movie in Viet Nam. The natives that appeared were friendly and pretty much ignored our little craft except for the little kids who always waved a shouted hello until we were out of sight. At the Cambodian border we were able to secure landing visas and continue on until we reached Phnom Penh. Upon arrival we were warned not to stray off the beaten path due to the presence on land mines. I did notice a large number of people with missing limbs, so I took this threat as very real.

Phnom Penh is pretty much a working city but the historic section has some magnificent palaces and temples that have been fully restored. The local hangout for tourists these days is the Foreign Correspondents Club with it's famous roof top bar and restaurant. Of course Cambodia

also has a dark side and the infamous S21 concentration camp is still open for inspection. The killing fields are located 15km out of town. The ground itself



is a mixture of turned earth from the excavations, bone fragments and clothing remnants which continue to

appear as the topsoil from the shallow graves is worn away. Thousands of skulls are neatly stacked in the memorial serving as testament to the brutality of Pol Pot Regime. Not to be outdone by the Vietnamese, these folks also have a shooting range at the edge on town but in



addition to machine guns you can also throw hand grenades and for an extra fee shoot a cow with an RPG. No mention was made what they did with the deceased cow.

Approximately six hours away

is the town of Siem Riep, which is the gateway to the



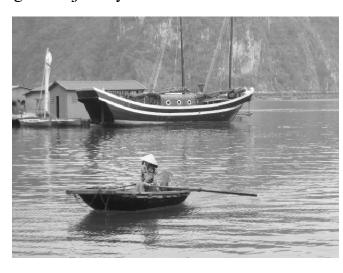
walled city of Angkor Wat and the famous temple s of Ta Prohm, **Prasat**

Bayon and Pasap Prerup. Up until ten years ago this area was off limits due to the threat of Khmer Rouge terrorists but today these temples are visited by tourists from around the world and have served as a backdrop for films such as Tomb Raider and Indiana Jones. The exact age of the temples is still an unknown but archeologists believe that they were constructed by a highly evolved civilization similar to the Aztecs and Incas in the Americas.

The final leg of this journey was a thirteen-hour bus ride

back to Bangkok for my flight home. Unfortun ately, this was also the Songkra

n



weekend in Thailand, which is the celebration of the New Year. Songkran is also known as the water festival as the custom is to wash away the old in preparation for the New Year. The youths however have turned to whole thing into a giant water fight and take special delight in hosing down farangs (foreigners) with water cannons and pails of water. It goes with the territory and it was an interesting way to cap off the journey, and besides in 100-degree heat it wasn't all that bad.....

Bob Van Pelt



К	legatta	and	Sailing	Sc	hed	lule

Midwinter Regatta February 16 March 30 **Opening Day Regatta** Wednesday Night Sunset **TBA** Sailing begins April 2 April 20 Spring Regatta I **Spring Regatta II May 18** Summer Regatta June 22 Fri. Sunset Sail & BBQ July 11 Fri. Sunset Sail & BBQ August 29

LMVYC 31th Regatta

Fall Regatta

LMVYC Fall Invatational

Wed. Night Sailing Ends

Top Skippers Regatta

August 17

Sept. 21

Oct. 4

Oct. 4

Oct. 8

Turkey Regatta Nov. 9

Christmas Party & Parade Dec. 6

Opening Da

Flag Officers

Commodore: Ron Meyer 837-1197

V/C: Arnold Christensen 768-5653

R/C: Morrie Wilkie 830-9615

Jr. S/C Tony Musolino 457-0899

Officers

Race Chair. Rod Simenz 462-0838
Fleet Surgeon: Marilyn Haehn 859-9260
Fleet Surgeon: Cathie Wilkie 830-9615

Treasurer: Willi Hugelshofer 582-8350

Secretary: Audrey Simenz 462-0838

Port Captain: Peter Tietz 859-9260

Commodore Appointees 2008

Jr. Commodore: Ataya Seyhun 951-6029

Website: Roger Robison 855-8094

Quartermaster: Randy Tiffany 830-0826

Trophy Chair: Bob VanPelt 488-2989

Measurer: Horst Weiler 714-402-443

Vicasurer. 11015t Weller 714-402

Newsletter: Jack McCollum 235-1699

REGRESOENLS

Alamitos Bay Yacht Club
American Legion Yacht Club
Anacapa Yacht Club
Corsair Yacht Club
Dana West Yacht Club
Huntington Beach Yacht Club
Marina Venice Yacht Club

Marina Yacht Club of Long Beach

Navy Yacht Club of San Diego

Pierpoint Bay Yacht Club

Redondo Beach Yacht Club

Shoreline Yacht Club

South Shore Yacht Club

Fleet Captains

C-15: Horst Weiler 714-402-4439