



The Main Sheet

LAKE MISSION VIEJO YACHT CLUB

From The Bridge....Spring 2016



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Mark Your Calendars!

- Friday Night BBQ June 23
- Team challenge July 17
- Junior Regatta August 14
- Annual Regatta August 28
- Fall Regatta Sept 25

We certainly have had a good start to our sailing season. We have enjoyed Opening Day, our Opening Day Regatta and Spring Regatta I with its annual Chili Cook Off.

To recap Opening Day, we had a good ceremony with nearly 100 in attendance. The event went well with dignitaries enjoying their day along with our officers, appointees, regular members and friends. Opening Days are a ritual rooted in east coast yacht clubs that actually close their sailing season when ice and weather prevent competition. Our fair weather in Southern California does not include ice so we sail year round. Our Opening Day is a way to bring members together to recognize the club, its new officers and its place in history. 38 years of sailing excellence has given us a fun way to relax, compete and enjoy the company of others. Let's enjoy the rest of 2016 and its events and remember those who came before us and leave a vital, functioning club for those who come after us.

Our Opening Day Regatta had 23 boats in competition. Sailing was a bit slow as winds were rather weak. However, as is said, "The pessimist complains about the wind, the optimist expects it to change, the realist adjusts the sails". William Arthur Ward.

So the realists adjusted their sails and we had three fine winners, Guy Heaton in Class A, Jeff Buchman in Class B, and Jaden Talay in Class C. Congrats to all competitors.

Spring Regatta I had fewer competitors due to what appeared to be pending inclement weather. As it turned out, the skies cleared somewhat and the winds blew steady after the first race. Again, the realists adjusted their sails and we had three fine winners: Guy Heaton in Class A, Jeff Buchman in Class B and Jaden Talay in Class C. Hmmmm. I sense a pattern here. I suggest the rest of us wax the bottoms, adjust the stays, practice on Wednesdays and get with the program before it is too late!

So, let's plan on a fun summer as it will be here and gone soon. Remember, our club functions only when its members participate. So, come out and sail on Wednesdays, have fun at pizza later, sail in the Regattas even if the skies look dark and have fun afterwards with your fellow members.

Frank Roberts

Frank Roberts
Commodore 2016



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Opening Days by Commodore Frank Roberts

One of the perks of being a Flag Officer is the opportunity to attend various Opening Days around Southern California. Invitations start coming in January and continue through May. Attending other clubs Opening Days is a way to get to know others in the yachting community and see how things are done at various clubs. This also allows one to represent LMVYC and to demonstrate our club's vitality. It can give one a chance to brag a bit about your club, too.

One neat thing about attending the ceremonies is being recognized as a visiting dignitary. Many clubs invite only officers from other clubs to attend their Opening Day. This gives them a chance to showcase their club and catch up on the goings on in the community.



Visitor names are announced, they stand, salute the Commodore, who then salutes in return. This is a way to be acknowledged as a valued member of the yachting community and to be recognized for your contribution as a Flag Officer in your club. Good food and drink follow afterwards as a reward for your hard work serving your club.

Another benefit is seeing how other clubs present their Opening Days. Some are simple affairs with short programs while others are chock full of pomp and circumstance, awards, color guards, flyovers, bands, huge dignitary lists that include politicians, members of the military, harbor patrol and harbor management. Watching what goes on can give you ideas on what to do for our Opening Day. What was your favorite part? Color Guard? Acknowledging the military members who are present? Bagpiper? Boat parade? Great food? Camaraderie with fellow officers? Whatever it was, you can incorporate them into your special day as Commodore if you choose to join the ranks.

So, if you are thinking of becoming an officer, keep in mind that there are rewards for your time spent in board meetings. I have made friends throughout the years and look forward to seeing them at the various events throughout the year. That is probably my favorite part of attending Opening Days.

So, if later this year you are called upon to run for an officer position, think about the benefits above and beyond just serving your club. I hope to see you on the slate for 2017!



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LMVYC Spring Regatta II by V/C Commodore Gladkin

It was a quintessential LMVYC race day. The wind was light and fluky at the start, wanting to clock more west. It wouldn't settle in to a nice southwesterly. I know, you are all making your surprised face right now. But, as many of you witnessed, the action picked up in the later races.

We had a great turnout. Rear Commodore Emmet Rixford and wife Vicki were there in their marvelous Mercury. Their Penguin was also seen on the lake. Rod and Audrey Simenz were out charging through the waves in their Wayfarer. It appeared that Randy Tiffany and Frank Fournier hit new top speeds in that flag-blue Wayfarer. We nearly had five Thistles in A fleet with Ron Meyer, Arnold Christensen, Guy Heaton, and that dark blue menace the "Sure". The fifth Thistle must have had some troubles and didn't make it to the race course – we'll see you next time. There were two Balboa 13s with Patrick and Christian doing a fine job of staying dry. Some of the usual characters turned out for stiff competition in B and C fleets. Three sabots were seen stoutly competing and dodging the bigger boats. Did anyone notice Cheyenne on the Laser? With some heavy air and gusts, I believe she kept that Laser right-side up all day!

The breeze piped up for the second race. Things were getting a bit more hectic in the fresh breeze. Minutes before the start there were dozens of sailors swarming the committee boat, heading in a dozen different directions, spontaneously choreographing tight maneuvers with quick turns, tacks, and jibes. A few minutes into the first leg, this skipper re-learned, the hard way, an important lesson. Each skipper and crew need to focus on their respective duties. As skipper, it was my responsibility to sail fast, avoid fouling other boats, finish first, and prevent collisions. Having new crew on the boat, I was admittedly spending too much time paying attention to them. On the left side of the course I tacked onto port tack to consolidate with the fleet. Nobody saw the starboard tack and the starboard tacker didn't see us until the last second – five seconds too late. Bearing off anyway, my starboard quarter flexed inward with a loud CRUNCH!! as Randy's bow jolted us. Let's call it the clash of the dark blues. The fiberglass topsides of my Thistle and the prow of Randy's Wayfarer seemed unaffected but multiple layers of my top wood rail cracked and splintered. Clearly, it was my fault but feeling a bit shocked and surprised I hailed, "Why didn't you say anything?" While I was watching my new crew, and trying to figure out how to orchestrate smoother, quicker tacks, I should have been focused on my job as skipper.

Slightly regaining my composure, I remembered a different lesson that I have learned many times, "Never give up!" After doing penalty turns, we got back in the race and ended up finishing second. Kudos to Andrew and Aidan Cornforth who were great crew – this was their first time on a Thistle and likely (hopefully) not their last. The two of them hiking out, straining those abs surely gained us a few boat-lengths in puffs that felt like they were pushing 15 knots.

At the break after the second race, Randy was apologetic multiple times and multiple times I insisted that it was my fault, my responsibility. Fortunately, nobody was hurt. A hack saw and some duct tape ensured that I could compete in the 3rd race without risking most unfortunately placed splinters. Even though we sailed fairly long courses for the second and third races, we all somehow managed to be back at the dock by 3:30, much to the chagrin of Mary Ellen Gladkin, the event chair, who had been warming the fiesta meal since 2pm (that she cooked into the wee hours the night before). No matter, this early return gave us plenty of time for post-race reflection. Our repeat Commodore, Fabulous Frank Roberts offered heart-felt thanks to everyone who made the day possible. He announced the results with pride and humor.



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Spring Regatta II Continued:

Daniela Radu produced three massive and delicious tres-leches cakes. Sue and Allyn Edwards did double duty. Being race committee was not enough, they were also the clean-up crew! Great job!

A wonderful day was had by all. My thanks go out to everyone.

Jaden Taley earns US Sailing Certificate

One of our club's accomplished junior sailors and 2016 Junior Vice Commodore Jaden Talay recently completed the forty hour US Sailing Small Boat Certification course given at Dana Point. The course is designed to provide sailing instructors with information on how to teach more safely, effectively and creatively. The goal of the program is to produce highly qualified instructors, thereby reducing risk exposure for sailing programs. Jaden now is a certified US Sailing Level 1 Sailing Instructor. This will look very good on a job application if she looks for a position in one of the summer youth sailing programs held at many of the local yacht clubs and community organizations.

Congratulations Jaden.

Rod Simenz



Mission Viejo Youth Sailing Foundation

Dear LMVYC Members,

The Spring 2016 Fund Raiser for Mission Viejo Youth Sailing Foundation kicked off in April with a letter from Commodore Frank Roberts encouraging members to support the work of the foundation. The response has been wonderful, and your generosity has added \$1440 to help refill our coffers after a very successful year in 2015. This will allow us to continue to provide necessities as we did with last year's donations that helped our juniors compete in the very competitive junior racing field in California. Two new racing sails were purchased, hardware upgrades



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were made to Sabots, CFJs and a Laser; a yearlong charter was arranged for use of a Sabot kept in Newport Harbor, help with entry fees in major junior races was provided and a subsidy was made available to purchase team tee shirts—designed by the juniors themselves and the artwork completed by Allyn Edwards.

The young sailors competed in the Annual Charity Regatta at Dana West YC, The Jeffery Adams Memorial Regatta at Dana Point Yacht Club, the Leukemia Cup at Bahia Corinthian YC, the Jr. Commodore Cup, All Girl All Ages Regatta, Midsummer Regatta, Halloween Regatta and Holiday Cup all at Lido Isle YC. They also raced the All Girl Sail Jam at Mission Bay YC and the Dutch Shoe Marathon, the incredibly long Sabot race hosted by San Diego Yacht Club, a distance of over seven miles from San Diego YC to Coronado YC, all this in a eight foot Sabot. This is just a sampling of their competitive activities and their successes as they have brought home trophies from most of the events. But more important than the trophies is the experience gained racing at these various venues, the team building, and new friendships made.

This year grants will be awarded to assist them with fees required to attend racing clinics in addition to all of the Foundation's normal areas of support. The juniors will compete in all of the same regattas sailed in 2015 plus a few new ones. Added races in 2016 include the Jr. Olympics at Cal YC in CFJs and Lasers; Newport Harbor YC in the CFJ Nationals and the Sabot Nationals at Mission Bay YC.

Your generous contributions and interest are vital factors that have enabled this program to flourish. The Foundation is very grateful to you all for your support.

Sincerely

Rod Simenz, President MVYSF

Director: S/C Arnold Christensen, Treasurer

Director: Gail Reavis

Director: S/C Audrey Simenz, Secretary

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**SOUTH COUNTY LEXUS PRESENTING
ATHLETE OF THE MONTH**



Nicole Sighiartau
Sailing

Nicole is ten years old and in the fifth grade at Bathgate Elementary School, and started sailing with her dad at age six. She has been a member of the junior sailing team at Lake Mission Viejo for two years. Nicole has been a winner at many sailing events. Perhaps her biggest win was the Gold Cup at Newport Harbor where she placed first in a group of twenty-five boys and girls representing coastal yacht clubs from Long Beach to San Diego. She's looking forward to the Sabot Championships this summer.

Mission Viejo Youth
Sailing Foundation
Sailor Named

Nicole Sighiartau
Athlete of the Month



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NEWPORT TO ENSENADA
INTERNATIONAL YACHT RACE

LMVYC members participate in Newport to Ensenada Race.

5 hours and 17 minutes is how long it took for the 70" trimaran Orion to cover the 125 miles to Ensenada and smash the old record by an hour and a half. The crew had turned the boat around and were heading back north before many of the race organizers were able to arrive from Newport Beach. The monohull record also fell by a similar margin with Aszhou finishing in 9 hours and 35 minutes. 4 LMVYC members got to experience some of the action first hand by volunteering on the Race Committee. Commodore Frank Roberts and S/C Peter Tietz had various functions on the starting line making sure that all boats got off to safe and fair start. Ed Rodriguez and Tami Nicklin were part of the team responsible for checking in over 200 competitors. Ted Ishikawa and Julius Sighiartau were lucky to be on boats sprinting to Mexico. Ted aboard Zero-VI had this to say about the experience:



Basically our crew including myself were novices. And wind and wave conditions were too severe for our skill level to control all aspects of the boat, especially the spinnaker. About 1/3rd of the way into the race our spinnaker was torn after repeatedly collapsing and then filling, forcing us to use only the main and jib. So we had to sail a longer course and do more jibing than originally planned.

At first I was told it would be calm night time. And I was expecting a kind of party. But it was completely different. Night time sailing with the sea conditions and swells was a scary experience for me. My job was to support the skipper while controlling the main sail. I realized it was very hard to judge the distance to other boats, islands or shoreline during night time hours. Fortunately, it was full moonlight. It was hard to imagine a no moon condition.



We achieved our minimum target to safely finish with a time of 19 hours and 32 minutes so at least it was a happy ending. Ocean sailing is very interesting as a team sport to me.



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N2E Continued:

Julius a veteran Ensenada racer had the following take on the regatta:



This year I did not sail on my regular boat, Campaign II, as the owner underwent surgery and could not race. I signed up with a BYC club member, a J122 named TKO. We were crew a of 6, with one rep from North Sails on board. We started in class D with a good breeze, and set the kite soon after the start. There was a problem with the course over ground display as it did not match the compass. Soon we figured out that there was a +40 degrees offset in the instrument display and got back on course. The skipper's plan from the start was to go outside the Coronado Islands and he wasn't going to deviate from it. In spite of the constant and building pressure in the afternoon, we were committed to our original plan. Building wind pressure to 20 Knots and gusts up to 25, we saw boat speed of 14-15knots.

We were moving but, unfortunately the majority of the fleet went on the inside the islands. Soon the moon came out and then the guy line for the spinnaker broke at the shackle. We were able to recover the kite and reset it. We were 8 NM outside the islands when we did our first jibe. Around 3:50AM we finished in front of the Coral Hotel. We came in 5th place out of 10 boats in our class. I did not bring the boat back for the first time in 15 years of doing the race. After a quick shower, I took a taxi to the border, then one more to the train station in San Diego, and I was home by 11 AM on Saturday, less than 24 hours after our start.

New LMVYC Google Calendar

Staying informed on LMVYC events is now easier than ever.

In early May, all members should have recieved an e-mail with an invite to join the club calendar. Below is an excerpt from the invite:

I've been using Google Calendar to organize my calendar, find interesting events, and share my schedule with friends and family members. I thought you might like to use Google Calendar, too.

mark.glackin@gmail.com recommends that you use Google Calendar.

You can set this calendar to appear on your smartphone, alongside any other calendars you use. Or, you can simply access it from a Google account on your desktop. The club officers will load all events each year and they will effortlessly appear on your smartphone calendar. Look for the invite and join the club calendar. If you can't find the invite, inform Mark Glackin. He'll have it re-sent to you.



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Sailing B.V.I. by Randy Tiffany

I've been dreaming about sailing in the BVI (British Virgin Islands, Caribbean Sea) ever since reading about Sail Week in BVI in *Sail World* magazine years ago. Not knowing the first thing about bare boating and navigating the open sea, I thought it would be wise to make an "exploratory expedition". Norma & I along with fellow LMVYC members Roger & Tara Robison booked 'cabins' on an all-inclusive catamaran complete with a knowledgeable Skipper and an Italian Chef.



After 18 hours of travel on a red-eye from LAX, through Miami landing in St. Thomas (US Virgin Islands) we hopped the Road Town Fast Ferry for a one hour cruise and arrived at our home port of Hodges Creek Marina, Tortola British Virgin islands for our 'welcome aboard' happy hour & dinner.

Day 1. Tortola to The Baths (Virgin Gorda); 8 miles

- 0930HRS: Set sail across Sir Frances Drake Channel with fair winds & following seas!
- 1100HRS: Arrived @ The Baths & Devils Bay, SW end Virgin Gorda

After a short swim to the beach from our catamaran, Annie, we washed ashore on white sand beaches. The Baths are giant granite boulders on the beach. The boulders form natural tidal pools, tunnels, arches, and scenic grottoes that are open to the sea. The largest boulders are about 40 feet (12 m) long. After you wind your way through water, tunnels and rocks of The Baths you find yourself at Devils Bay; crystal clear, turquoise green water and a beautiful sandy beach.





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Sailing B.V.I continued:

Day2: Bitter End Yacht Club & Anegada

While waiting for repairs to Annie (anchor motor & a belt for motor), we had time for breakfast, shopping and exchange our LMVYC Burgee with Ed Jones of the Bitter End Yacht Club. I never found the actual Club Room at the Bitter End. But if you go there, just tell them you're looking for your LMVYC burgee and they will direct you accordingly.

Day 2; Set sail under 20 knots of wind for Anegada. (15 miles)

There is a stiffer breeze today and a bit of a swell as we head across the open waters to Anegada. 40' of water line, nice to be making way! Anegada, or the "Drowned Land" by the Spanish, is the only coral island in the Virgin Islands' volcanic chain. The highest point is just 28 feet above sea level. Secluded sandy beaches in Loblolly Bay are protected by Horseshoe reef on the north side of the island. Anegada is also known for their generous sized lobster dinners, Loblolly Bay & the Cow Wreck Beach & Bar. We anchored on the leeward side of Anegada for the nite.



Day 3; Anegada To The Dogs (6 miles)

Winds are lighter today, only 8 – 10 knots. We're still making way faster than other vessels including some mono-hulls. Roger is tending to the genoa. 1230HRS...arrive at The Dogs. Only three other boats are in the Bay.



Our Captain tells us the Dogs were named such as the approaching early sailors heard dogs 'barking' as they approached. They scoured the islands only to find (barking) seals. Having been at sea for months, out of rations they ate EVERY seal....so, no barking dogs at The Dogs are to be found. But the water is pretty good for snorkeling! Between rounds of snorkeling, our Chef (Beatriz) prepares ahi tuna steaks y ensalada for a light lunch. Time for more snorkeling



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Sailing BVI continued:



1500HRS: Back to Brandywine Bay (Tortola). Winds are light so we motor the 12 miles. We anchor for the evening, enjoy the sun sets on another day in paradise.

Day 4; Brandywine Bay (Tortola) to Jost Van Dyke (15 miles)

Beautiful, blue skies, calm harbor, light winds, motor to Road Town for fresh water &

provisions.

1230HRS: Arrive at White Bay, Jost Van Dyke and the Soggy Dollar Bar. Nestled in the British Virgin Islands, there is a hidden tropical paradise, but to get there you might have to get a little wet. (There is no boat dock so you have to swim to shore; hence, the Soggy Dollar). Our Captain, Thomas, showed his worth by doing his version of a Captain Ron, hockey-stop slide to anchor within just a few meters of shore making our swim *to the beach* a piece of cake. That's our Cat in the Photo.

This is the origin of the Pain Killer boat drink; pineapple juice, cream of coconut, orange juice & dark RUM & topped with nutmeg! Visit the Soggy Dollar Bar web site, listen to their radio and enjoy their web cam.

17:00HRS...motor to Foxy's and drop anchor. Before we go, Capitan Thomas makes Dark & Stormy's (as they go well with Pain Killers?) Later, Tara, Todd & Fran go ashore to Foxy's. Roger, Norma & I stay behind to gaze at the stars above.

Day 5; 2016/02/04; Thursday; Brandywine Bay (Tortola) to Norman Island

1030HRS: Motor to Sopers Hole to refuel & shop



To be continued



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Ali and Bella Murdy sailing a CFJ ...right on to the
March page of the
Dana Point YC 2016 calendar!



Columbia Yacht Club, Chicago, IL by Commodore Frank Roberts

Randy, Norma, Anne and I decided to go see the 100th running of the Indy 500. Plane tickets were cheaper flying into Chicago so we decided to spend two nights there touring the city.

We went for a nice walk into Millennium Park and went south to Buckingham Fountain. This great fountain is huge and probably rivals any in the world. After the visit, we decided to walk north to the Navy Pier. We took the waterfront route along Lake Michigan. Hard to believe that it is all fresh water. Along the way were little harbors, moorages, and yacht clubs.



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Columbia Yacht Club continued:

As we walked north, a docked ship came into view. She was a beauty. With her bow facing the city, she looked like she was taking on passengers for a cruise through the Great Lakes. As we approached, we noticed in large letters across her bridge, Columbia Yacht Club. This was not a sailing ship, but rather a retired ship turned into a yacht club.



We read a sign out front describing the ship as an old ice breaker used to clear ice in the St. Lawrence seaway. At 372 feet long, her keel was laid in 1944 and launched in 1946. Christened the MV Abegweit, she served until 1982 as an icebreaker and ferry. The Columbia Yacht Club purchased her and she left the Northumberland Strait for good in 1983.

As we read the sign, Anne walked up the gangway and peered inside the porthole. About that time a couple, Herman and Heather, were on their way out. After a short discussion and exchanging of mutual yacht club membership, they invited us for a tour of their Yacht Club. We started by registering as guests, then on to the dining room full of historic photographs of the ship, now turned into a yacht club.



Outside, we walked to the stern where a beautiful white tent served as a large gathering area for parties, weddings or whatever function was too large for the inside. We then walked forward up long hallways and into the bridge. The controls looked new as they were polished and well cared for. The view from the bridge was of downtown Chicago. Plaques described various sailings and we each took a turn at the wheel.

After our tour, Herman and Heather took us to the bar where they introduced us to the bartender. They left us in capable hands as we enjoyed some refreshments and one of the best Club Sandwiches I ever had. Very timely, by the way, as a large storm passed over while we were inside.

We left after lunch when the sun came out and looked back at our time aboard as one of those unplanned vacation moments that can only happen when you least expect it. Much thanks to Herman and Heather and the Columbia Yacht Club. Our burgee is in the mail to them as they agreed to do an exchange. I can't wait to see it in our clubroom.





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LMVYC Upcoming Events:

Friday Evening BBQ: June 23rd is the start of the Friday evening Sailing and BYO BBQ. Every Friday through September 4th members get together to cruise around the lake in one of the party boats or on a sailboat. Around 6:30 everyone gathers at the picnic area by the club house for a BBQ. The club provides the charcoal and you bring an entrée, beverages and maybe an appetizer or dessert to share.



Wednesday Night Sailing and Pizza:



Every Wednesday till November 2nd you have an opportunity to learn to sail or hone your racing skills. Members gather on the lake by the east beach around 16:30 for some informal racing. The lake's sailboat rentals are free to members on those evenings. Afterwards, everyone meets at Roundtable (25290 Marguerite Parkway) for libations, pizza, and good company.

Team Challenge Regatta July 17th: Members form teams to race on a variety of boats in order to win bragging rights for the remainder of the year. Come out and compete or just cheer on your favorite team. Breakfast will be served beforehand in the clubhouse.



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Classified

For sale

1970 Olympic Class Finn and Zeiman Trailer



Olympic Class Finn with spars used in 1972 Olympics for sale! Fresh paint, new control lines & racing cleats,

three sails including VICTORY racing sail. Ready for racing! Make offer! Randy.tiffany@cox.net (949)830-3577

CREWING OPORTUNITY

LMVYC member is looking for crew to sail in "Farkle" races held each Thursday from 1 until 5 ("ish") in Dana Point aboard a 30' Catalina. No experience necessary—will train in all aspects of racing. Good physical health required. Contact Jack Houston at: vbcoachjack@gmail.com.

Membership in Lake Mission Viejo Yacht Club

Membership is open to all members of the Lake Mission Viejo Association. A membership application along with dues information can be found at LMVYC.org. Lake Mission Viejo yacht Club conducts monthly regattas throughout the year. Other sailing opportunities include informal pick-up regattas on Wednesday evenings followed by gatherings at Round Table pizza and summer raft ups with a BYO BBQ in July and August.

No Boat? No Problem LMVYC has Sabots, Balboa 13's and Expo 14.2 boats available for your sailing pleasure. Free lessons are also available by appointment throughout the summer.

In the true sense of Corinthian sailing, our goal at LMVYC is to promote sailing, to exchange good fellowship, and to introduce non-boat owning sailors young and old to the sport of sailing. Share this news & invitation to Join LMVYC with a friend.

