



# Lake Mission Viejo Yacht Club

22555 Olympiad Road, Mission Viejo, Ca. 92692

NEWSLETTER

SEPTEMBER 1999

## 22<sup>nd</sup> Annual Regatta, 8/29/99

The winds were light and **VARIABLE** and the sun was **HOT**. No surprise in late August. Willi Hugelshofer was race chairman for the day. He and his crew did manage to put on three races in spite of the conditions.

### RACE RESULTS – 22 entries

#### Thistle Class

- 1<sup>st</sup> Don and Linda Schaffner
- 2<sup>nd</sup> Matt and Adrian Beattie
- 3<sup>rd</sup> Arnold Christensen, George Kastner
- 4<sup>th</sup> Ron and Kelly Meyer

#### C-15 Class

- 1<sup>st</sup> Horst Weiler, Kevin Hendricks
- 2<sup>nd</sup> Roger Robison
- 3<sup>rd</sup> Audrey and Rod Simenz
- 4<sup>th</sup> Ken and Cathy Boullion

#### Lido14 & 14.2 c/b Class

- 1<sup>st</sup> Doug Sheppard, Diane
- 2<sup>nd</sup> John Drake
- 3<sup>rd</sup> Allyn and Sue Edwards
- 4<sup>th</sup> The McCowns
- 5<sup>th</sup> Mike Sheean, T. Lazarich

#### Lake Boat "A" Class

- 1<sup>st</sup> Troy Edwards, Scott
- 2<sup>nd</sup> Randy and Norma Tiffany
- 3<sup>rd</sup> Frank Fournier
- 4<sup>th</sup> Steve Gonsowski

#### Lake Boat "B" Class

- 1<sup>st</sup> T.J. and Corina Hendricks
- 2<sup>nd</sup> Jane McCown
- 3<sup>rd</sup> Wil Chong, J. Sauer
- 4<sup>th</sup> F. Laudadio

Dinner after the race featured barbecued ribs, coleslaw, marinated vegetables, baked beans, cookies and ice cream. Tara Robison, Vivienne Savage, Audrey and Rod Simenz did the food. A number of folks asked for the rib recipe so it's included in this newsletter.



On your mark....Get set.....

## JIMMY SCHMIDT'S RATTLESNAKE RIB'S

*One of America's finest chefs, Jimmy Schmidt—of the Rattlesnake Club in Denver—has made these one of his signature dishes. The three sauces create deep hot flavor—these are real mean western ribs.*

### BRAISING LIQUID AND RIBS

4 quarts homemade beef stock or  
canned broth  
¼ cup red wine vinegar  
1 tablespoon paprika  
1 ½ tablespoons ground cumin  
1 tablespoon cayenne pepper  
3 tablespoons Tabasco sauce  
1 ¼ tablespoons garlic powder  
1 tablespoon ground ginger  
1 cup tomato paste  
¼ cup honey  
1 tablespoon salt  
4 slabs baby back ribs

### SPICE MIXTURE

¼ cup garlic salt  
1 tablespoon ground white pepper  
½ cup paprika  
¼ cup dry mustard  
¼ cup red wine vinegar  
¼ cup Worcestershire sauce  
½ cup beer

### BARBECUE SAUCE

1 cup chili sauce\*  
1 cup ketchup\*  
\* or bottled Masterpiece or Bullseye  
1 tablespoon ground tamarind seed  
or Worcestershire sauce  
¼ cup steak sauce

1 tablespoon finely pressed garlic  
¼ cup finely grated fresh horseradish  
or 2 tablespoons prepared, well  
drained  
3 tablespoons dry mustard  
1 tablespoon Tabasco sauce  
1 tablespoon molasses  
1 tablespoon red wine vinegar

1. Combine all the braising liquid ingredients in a large pot. Stir well and bring to a simmer over medium heat.
2. Add the ribs and simmer until tender but not falling apart, about 1 hour and 45 minutes. When done carefully transfer the ribs to a baking sheet.
3. Combine all the spice mixture ingredients in a medium size bowl and stir to form a paste. (add more beer if it is too dry)
4. Rub the paste over all the surfaces of the ribs. Wrap each slab in aluminum foil, dull side out, and refrigerate until ready to cook. These can be prepared up to four days in advance.
5. Preheat the oven to 400F and prepare hot coals for grilling. Place the rack 3 to 4 inches from the heat.
6. Cover a baking sheet with aluminum foil and arrange the ribs on the foil. Coat the ribs with 2 cups of the barbecue sauce, and bake on the center rack of the oven for 10 minutes.
7. Transfer the ribs to the grill and cook long enough to char. Serve immediately with the remaining barbecue sauce on the side.

## WEB PAGES

Recommended starting points in sailing the Internet  
US Sailing <http://www.ussailing.org>  
International Sailing Federation  
<http://www.sailing.org>  
1997-2000 Racing Rules of Sailing  
<http://www.sailing.org/newrules>  
The Sailing Index <http://www.sailingindex.com>  
The Sailing Site <http://www.gosailing.com>  
Lido 14 Class Assoc. <http://www.lido14.org>  
C-15 Class Assoc. [www.io.com/~c15](http://www.io.com/~c15)

## SUGGESTED READINGS

*Championship Dinghy Racing*, by Chris Caswell & Dave Ullman. Published by Chris Caswell, 2732 Tucker Lane, Los Alamitos, Ca 90720  
(310) 598-0782 Fax (310) 598-8715

## THISTLE FLEET #182 NEWS

DON SCHAFFNER

It's official, Lake Mission Viejo Thistles are now their own fleet. National Thistle class association has granted LMV Thistle fleet charter #182. We've grown to 8 boats plus additional interest from the Dana Point Yacht Club. Other local Thistle fleets are in awe of our growth and activity.

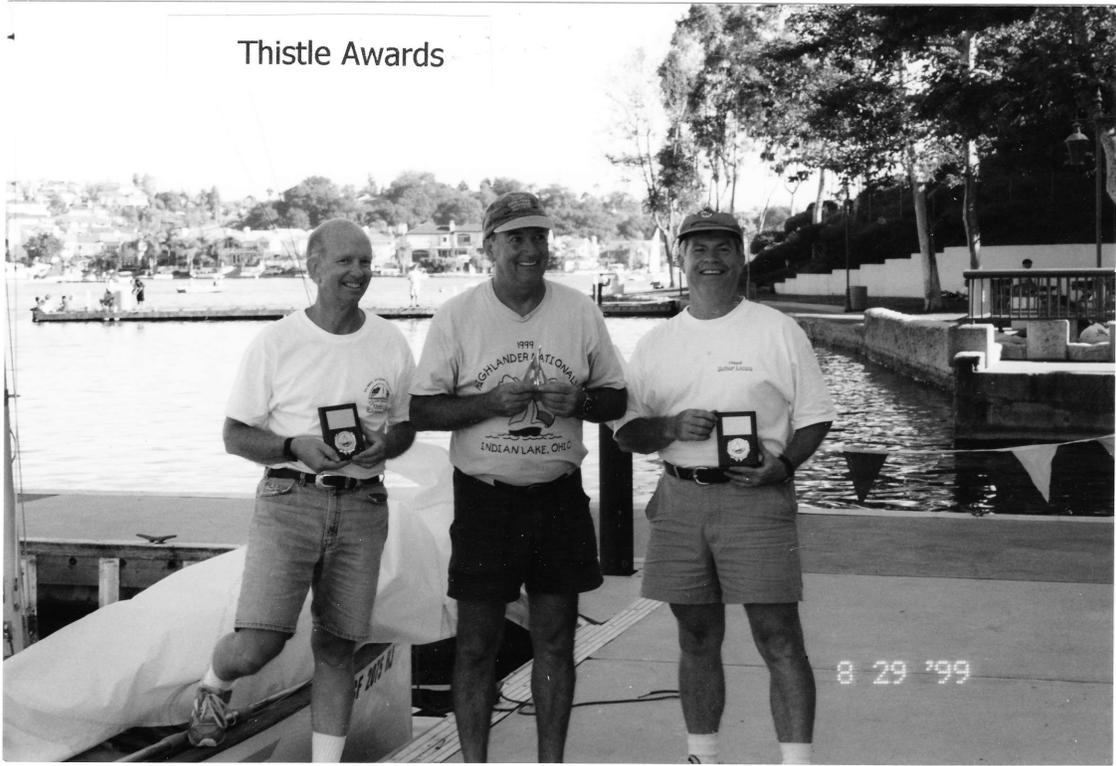
Thistle fleet #182 hosted their first open water event at Dana Point Aug. 28th. Eleven boats from local BYC fleet #68 and Mission Bay fleet #13 enjoyed the brisk air at Dana Point. LMV fleet was well represented by 5 boats along with crew for visiting guests. A special thanks to LMV sailors crewing for guests. It really helps the participation for the event when local members crew for visiting skippers. Four races were scheduled but in view of the brisk air only three were run. The top skippers from San Diego were consistent first and second place finishers so little was to change with a fourth race. LMV's Don Schaffner took third (some say he canceled race #4 to protect his 2 point lead over fourth place). The Dana Point event was such a success that other events are now planned.

Thistle Fleet #182 is expanding to include Dana Point Thistles as a dual fleet location. Membership at DPYC is being discussed to accommodate DPYC fleet status. The goal is for LMV Thistle sailors to have access to DPYC plus schedule open water events. The DPYC J-24 fleet has offered to share their events with the Thistle fleet. The Aug. 28th regatta was shared and neither class was forced to wait between starts. The top Thistle actually had a better elapsed time than the J-24.

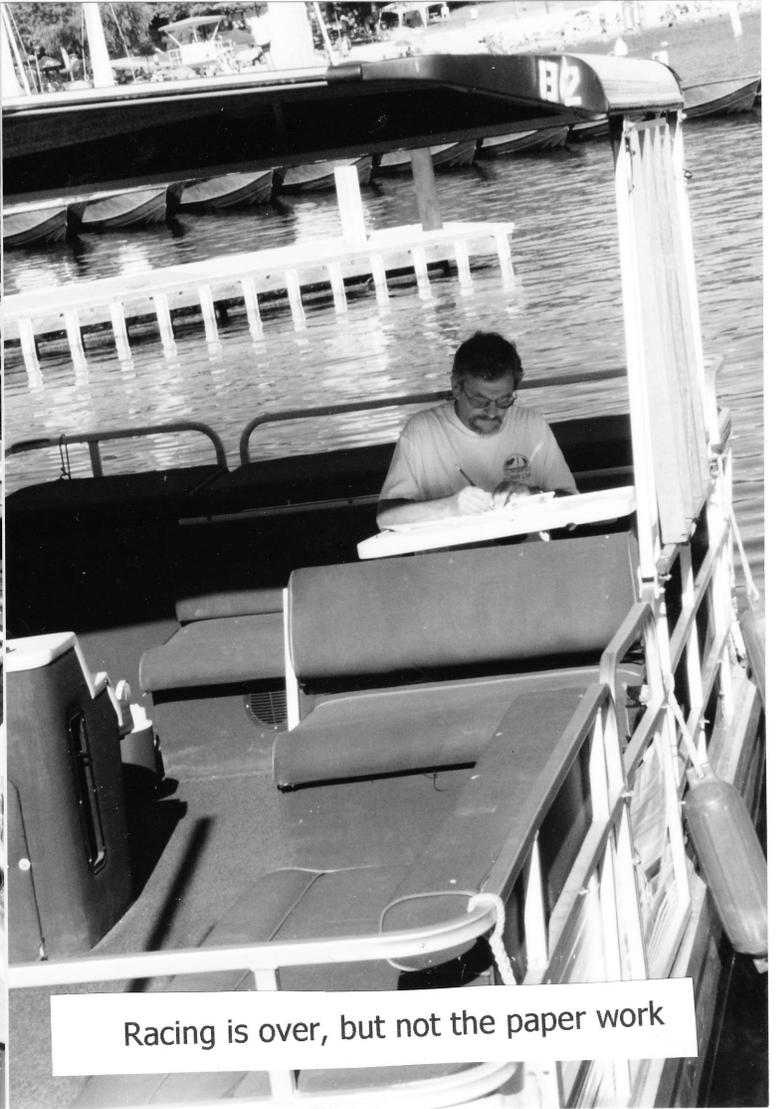
### LMV Thistlers plan growth and skill development.

Thistle class has always been tough to break into. The class is dominated by top professional sailors/sail makers etc. The boat is demanding on both skipper and crew plus the years required to place well in major regattas has always been difficult for many sailors to accept. LMV Thistle fleet has initiated a program aimed at accelerating the learning process to get the rewards started quickly. Several top sailors in Northern CA have offered to take fleet #182 under their wing and work with skill development. Direct personal contact along with racing clinics are in the works. North/Ullman/Sobstad sail companies have also offered clinics. LMV Thistlers team as skipper and crews for local events to develop skills together. A LMV Thistle finished 5th at the CA districts held Memorial Day at ABYC. ( Skipper Don Schaffner with crew John Austin and Ron Meyer.) Labor Day ABYC, 7 Thistles from Fresno, Phoenix, and BYC saw the LMV boat finish 1st. in the final race. Fleet #182 is gaining reputation as a strong up and coming fleet.

Thistle Awards



What are all these lines for again?



Racing is over, but not the paper work