



The Main Sheet

LAKE MISSION VIEJO YACHT CLUB

From The Bridge

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Mid-Summer Fun

What a great summer! I hope this finds you healthy, tan, and rested. Our summer activities are in full swing. Friday night raft-ups and bbqs bring us together to celebrate our lake and our friendships. Wednesday night sailing has been blessed with plenty of wind, as of this writing. Pizza and beer afterwards remains a fun social event. Our monthly regattas have also had wind and fun. And there are the great meals we share at regattas! What a great time to be on the lake!

Mark Your Calendars!

- ♦ Aug 25— 42nd Annual Regatta
- ♦ Aug 30 —Friday night sailing and BBQ ends
- ♦ Sept 22 -- Fall Regatta
- ♦ Oct 6 — Junior Regatta
- ♦ Oct 27 — Top Skipper
- ♦ Oct 30 — Wednesday sailing ends
- ♦ Nov 6 — Lake Walk begins
- ♦ Nov 10 — Turkey regatta and annual election

As we approach September, our thoughts go to fall events and holiday planning. Your friends on our board also will begin focusing on key positions and events for next year. There are key volunteers, leaders among us, who have announced their desire to step back from their long-serving roles next year. Many thanks are due to each of them.

Kevin Weir

LMVYC Commodore 2019



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Spring Regatta 2

On Saturday May 18th skippers and crew set out to take home some gold and strengthen their position for Club champion. As usual 3 races were held in each class with Guy Heaton taking 3 first place finishes in the A class. Nicole M. Sighiartau & Lindsay Taylor finished 1st with 3 bullets also, in the B class. Also with triple first place finishes was Vivian Ikeda in the C Class. Congratulations are in order to some great sailors. Full results are available on the website LMVYC.org

Visit to US Sailing Center in Bristol, RI

Allison Sweeney, and her children Kate, John and Sarah, who are members of our club's junior sailing team, recently visited US Sailing headquarters in Bristol, Rhode Island. While there, they were warmly welcomed with a tour of the facility and met some key staff including the Youth Director, John Pearce. The US Sailing staff gave them some cool swag including US Sailing sunglasses, mug and pint glass. They also asked that the Sweeney's share with their friends that they love visitors and to please come by when visiting New England.



Call to Action

The club has been in business for 41 years thanks to the efforts of the many members that have volunteered their time and skills over the years. Those who have served, we thank you. It is time to again think about how you can contribute in our success. The annual elections are coming up in November. The Election Committee is again looking for members that have the desire to make a difference and shape the direction of the clubs future.



If you have a desire to serve please see one of the flag officers.



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School Standouts

The LMVYC Junior Program has taught many youth how to sail and introduced them to competitive racing, where they have done very well. We are proud to be represented by some exceptional kids on and off the water. Many of our juniors go on to excel in high school and college and eventually in their careers.

Recently Ezugo Ononye was honored for his accomplishments on Fox TV's Good Day LA. Ezugo is a very busy person, besides being on the varsity sailing team, he is on his way to becoming an Eagle Scout and will be class Vice President at Sage Hill High School. He recently gathered \$5,000 in backpacks filled with school supplies for those less fortunate in Mexico for his Eagle Scout project. He is also on the varsity water polo team. He is deeply involved in the Girls Empowerment Movement (GEM) Chapter on campus to "make a difference" for the young women in his community.



He founded Boys Against Rape Culture in November to take on a larger conversation about "rape culture" and the male role in it. "A lot of people don't look to men as allies to the [feminist] cause," Ezugo said. "It shouldn't be unusual to have a guy talk about problems that we're perpetuating in our society. So, I felt that by starting BARC and working with GEM, I can show there a lot of male allies to the feminist cause."

Meetings typically feature experts invited from UC Irvine and elsewhere in the community to speak to groups of about 10 to 15 students about rape culture. Previous topics of the meetings, which occur every two months, focused on sexual harassment in the workplace and at school and on consent and healthy relationships.

So next time you see Ezugo around the club ask him about this and other important issues that he is working on. This club is so about so much more than sailing, as he will tell you.



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Summer Regatta



Sunday June 30th was a fantastic day to be at the lake for the Summer regatta. The conditions were typical for the lake with inconsistent and shifty winds. Making the most out of the conditions was Guy Heaton & Julius Sighiartau scoring 3 bullets in their Thistle to capture first place in the A Class. In the 6 Boat B Class Nicole Sighiartau & Lindsay Taylor took first place with 6 points. Madoc Pugh took top honors in the C class. Full results are available at LMVYC.org. Individual race winners were awarded LMVYC cozy's.

After a full day of sailing the racers were ready for some fine Romanian BBQ "Mititei" prepared by Julius Sighiartau's, Daniela parents George and Vali. The meal could have been featured on the Food Network's Top Chef series. They could not have pulled it off without the help of fellow members David and Mee Fung Shen, Allison Sweeney, Stefay Taylor and Tyler Pey-

att who helped set up and clean up. Most of these people were not scheduled to help, but they didn't hesitate to pitch in when I asked. We also to thank Audrey Simenz, Randy Tisdale and David and Mee Fung Shen for making delicious potato salad and Allison Brooks for baking the brownies.

If you missed this event you missed out on a real treat. Make sure you are at the Annual Regatta to find out what is in store.





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Team Challenge



The afternoon of Sunday July 30 proved to be a fun day on the water for the 4 teams that were vying for the Simenz-Olson Perpetual Trophy. 16 sailors split into 4 teams through a snake style draft held at Wednesday night pizza.

With pretty good winds and a short windward/leeward course there were high hopes of getting 8 races in before the cutoff of 16:30. The teams would be racing C14.2, Expos and Balboas. With the latter 2 boats being rotated between teams after each race to keep things even.



The plan seemed to be on track until the rudder pintle on one of the Balboas broke and racing was suspended until another rudder could be obtained from a spare boat in the storage yard. That ended the hopes for getting 8 races in on the day.



The contest was officially over after 4 races. White Team of Graham Newman, Emmet Rixford, Rod Simenz and Bill Yount took home the trophy and bragging rights for the next year. The Blue Team with Frank Roberts, Arnold Christensen, Julius Sigiartau's and Bob Van Pelt came in close behind. The Gray Team with Peter Tietz, Tyler Peyatt, Scott Purcell and Patrick Stege was third. The Red Team with Kevin Weir, Guy Heaton, Tony Musolino and Bill Taylor put in a good showing but came in 4th.



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Team Challenge Continued :



The teams gathered in the club house after racing for the trophy presentation and to finish off some of the left over goodies from our pancake breakfast that was hosted by Frank and Ann Roberts, assisted by Leonard Savage & Jeanne Boukai, Roger & Tara Robison, Bob Van Pelt and Isaac Rodman and Akiko Hirota. The breakfast was open to the entire membership and many came even though they did not race. We had a variety of pancakes which could be made to order and lots of sausages.

This competition could not have happened without the efforts of the race committee. Their work was made more complex due to the regattas format and that some of the regular R/C members that were not available. A very special thanks goes out to Audrey Simenz, Frank Fournier, Susanna Hugelshoffer and Aki Hirota.





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Annual Regatta



It seems hard to believe that LMVYC has been serving the boating community for over 40 years. On Sunday August 25th we celebrate our 42, annual regatta. This celebration has always been a fun event and this year will be no different. The day will start out at noon with the skippers meeting before the 1:00 pm regatta start. After a great day of racing the members will convene at the clubhouse picnic area for refreshments and food to celebrate 42 years of history. Come for the racing and/or food, but be sure to be there.



You still have 3 Fridays, August 16, 23 and 30 to come to the lake and enjoy the company of your fellow members at the evening BBQ. The club provides the tables and fire. You provide main course and refreshments. An appetizer to share would be a nice addition.

Rental boats are free to members after 4:30 on Fridays. RSVP to Audrey at 949- 462-0838 before 10 am Friday if you want to go out on the party boat. Others meet for the BBQ around 6:30.

To learn more watch a video of the activities on July 26th prepared by Bill Taylor at <https://vimeo.com/350527450>



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Guide to Beach Etiquette

From the Onion



With summer in full swing that the nation's beaches will soon be crowded with swimmers, tan-ners, surfers, and more, so it's important for everyone to be conscious of each other's space and needs. Here are some etiquette tips to ensure that everyone has a safe and relaxing time at the beach:

- Help lifeguards do their jobs by letting them know in advance if you plan to drown that day
- Avoid feeding seagulls less than half an hour before they get into the water
- Remember that you are responsible for disposing of any garbage that bumps into you while in the ocean
- Shout "Heads up!" in the half-second before your Frisbee corkscrews into a crowd of sunbathers
- When using a portable radio or other music-playing device, keep the volume at a low level for all but the most epic of guitar solos
- Leave space between you and your neighbors, as beach towels may create sparks and ignite when they come into contact with one another
- Always loudly scream "Shark!" while standing at the edge of the water to ensure every-one is aware that so many species of sharks are endangered and will go extinct if not protected from commercial fishing
- If you see someone caught in a rip current, be sure to notify the lifeguard on the way back to your car
- Before you depart, do your part to combat coastal erosion by dumping a trunkful of im-ported sand at your location



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Nicole Sighiartau sails Sabot Nationals

Rod Simenz

TEEN CLASSES (11-14 YRS)



MIDDLE SCHOOL ENRICHMENT

Students must be enrolled in 6-8 grade to participate in the Middle School Enrichment Program.

BEGINNING GUITAR

Ages 11-14

Learn easy chords, fun melodies and popular songs. Please bring an acoustic or electric guitar with a small amp to class.

#41187 / Fri / Aug 30 - Oct 4 / 3:45 - 5:30 pm / \$25 / NPM
#41188 / Fri / Oct 11 - Nov 15 / 3:45 - 5:30 pm / \$25 / NPM

BEGINNING GUITAR - PHASE II

Ages 11-14

Introduction to barre chords, lead guitar and music theory. Bring an acoustic or electric guitar with a small amp to class.

#41187 / Fri / Aug 30 - Oct 4 / 4:45 - 5:30 pm / \$25 / NPM
#41188 / Fri / Oct 11 - Nov 15 / 4:45 - 5:30 pm / \$25 / NPM

CERAMICS WORKSHOPS

Ages 11-14

This class brings fun instruction and hands-on creativity to students who want to create their own ceramics. All supplies included. *No class on Nov 9.

#41199 / Wed / Sept 11 - Oct 16 / 3:45 - 5:30 pm / \$25 / ARTS
#41200 / Fri / Sept 13 - Oct 18 / 3:45 - 5:30 pm / \$25 / ARTS
#41201 / Wed / Oct 30 - Dec 4 / 3:45 - 5:30 pm / \$25 / ARTS
#41202 / Fri / Nov 1 - Dec 13 / 3:45 - 5:30 pm / \$25 / ARTS

MATH HOMEWORK LAB

Ages 11-14

Homework assistance and test preparation from a professional for all levels of middle-school math. Bring math book and homework.

#41203 / Tu / Aug 27 - Oct 1 / 4:00 - 5:15 pm / \$25 / NPM
#41204 / Tu / Oct 8 - Nov 12 / 4:00 - 5:15 pm / \$25 / NPM

TEEN SCENE

SPLASH & INFLATABLE OBSTACLE COURSE NIGHT

Ages 11 - 14 (GRADES 6 - 8)

Enjoy open recreational swim, music, s'mores, and endless water fun as you take on our in-water inflatable obstacle course! Be sure to bring your swim suit.

#38954 / Fri / Sept 13 / 6:00 - 8:00 pm / \$5 / MFIT

VIRTUAL REALITY, GIANT GAMES & SPORTS EXTRAVAGANZA

Ages 11 - 14 (GRADES 6 - 8)

Experience virtual reality games and challenge your friends to a dodgeball or volleyball match. Giant life-sized games, music, and s'mores round out the event.

#38955 / Fri / Nov 8 / 6:00 - 8:00 pm / \$5 / FTR

Nicole, our club's Jr. Vice Commodore, is a very busy girl with many interests including creative ceramics as shown in this picture of her in the Mission Viejo City's Fall issue of "City Guide to Events and Activities." But of course she does lots of competitive sailing too, mostly in CFJ's with crew Lindsey Taylor. She made a somewhat late decision to sail in this years Jr. Sabot National Championships at Newport Harbor YC August 5-8. The first day of competition was a flight selection series of races that ranked all of the 132 sailors. The field was then divided into Gold, Silver, Bronze and Iron fleets. Nicole made it into the Silver fleet where she raced six races over the next two days. She was a bit rusty the first day but came through with a 3rd and 5th place on the last day to move her into 8th overall in the 32 boat Silver fleet. Congratulations to Nicole, hers is the best result in the Sabot Championship of any LMVYC junior sailor ever!

SCYA Women's Boating Clinic

SCYA is dedicated to educating boaters throughout Southern California and outlying member areas. This September 7th, is SCYA's Women's Boating Clinic for women sailors and power boaters. The workshops are for the beginner through the advanced boater. We have on the water and classroom workshops from 1.5 hours to all day available. \$125 Registration fee includes the full day of workshops, a continental breakfast, lunch and snacks during the debrief after the workshops.

The event will be a LA Yacht Club and registration is now open. For more information please see <http://scya.org/womens-boating-clinic/>

