



# The Main Sheet

## LAKE MISSION VIEJO YACHT CLUB

### From The Bridge

#### In this September Issue

From The Bridge	1
Jr Leukemia Cup	2
Jr's Posts Big Win	2
More Jr Results	3
Fun at all girls regatta	3
Tera Championship	4
Letter to Captain Rod	5
Report from BASC	5
Leadership Needed	6
Old Glory Boat Parade	6
Coastal Clean-Up	6
MidWinter Regatta	7
Visually Impaired	7
Extreme Sailing	8
Dangerous Practice	9
Oktoberfest	9
Thirsty Thursday	9
Team Challenge	10
41st Annual Regatta	12

#### Mark Your Calendars!

- ♦ Sept. 26—Fall Regatta & Oktoberfest
- ♦ Oct 6th —Junior-Senior Regatta
- ♦ Oct 14th—Top Skipper Regatta
- ♦ Oct 31st—Wed Night Sailing ends
- ♦ Nov 11th—Turkey regatta & Annual Meeting

In the words of the late great Harry Caray, "Holy Cow!" As I'm writing this, Football has started, kids are back in school and we're about to have our last Friday Night Sunset Sail & BYO-BBQ. Summer is almost officially over. What happened? They say time flies when you're having fun. I hope that is the case and that everyone is enjoying the 2018 season.



Speaking of which, if you missed the 41<sup>st</sup> Annual Regatta and Dinner, you really missed it! We had 26 boats competing, great wind and what appeared to be record attendance at the dinner where our illustrious Rear Commodore, Randy Tisdale, put out a great spread featuring 43 lbs. of delicious brisket and pork (there wasn't a scrap leftover). We also had a 94<sup>th</sup> birthday celebration for one of our founding members, Ced Fields. Unfortunately, Ced wasn't able to attend but he will receive a commemorative video of the happy birthday sing along. Nice job Randy and crew!

On a different note, I need to share some important information with you. Recently, there have been some issues with the buoys we use as racing marks on the lake. Evidently, they have been damaged by collisions with watercraft and possibly vandalism. Lifeguards have removed the damaged buoys and have replaced them with temporary buoys. The Lake Association is planning on purchasing new permanent buoys and we thank them for their prompt action. This is an expensive proposition. If anyone notices or hears of any mishaps or tampering with the lake buoys, please report it to the Lifeguards or Lake Association Staff promptly. Thanks in advance.

Again, I hope you all have had a great season so far. However, if you haven't been able to attend our events, fear not, we still have five more regattas to go before we hang it up for the year. Come join us and help keep the festivities buoyant (sorry, couldn't resist). We will save a spot for you.

Until then, smooth sailing,

Emmet Rixford  
Commodore 2018



# The Main Sheet

## LAKE MISSION VIEJO YACHT CLUB

### Juniors score at Leukemia Cup

By Rod Simenz



It was another successful and fun day for our juniors at the Bahia Corinthian YC Leukemia Cup Regatta on June 3. Deagan, Kate and Maycie sailed RS Teras and Griffyn and McKenna sailed Sabots. There were five races for the Sabots and six for the Teras. Racing was in the Newport Harbor turning basin with sunny skies and near ideal wind conditions. Deagan scored a very solid second place in the eleven boat Tera fleet. Kate started slow and kept improving in each race to finish in the middle of the fleet overall, her best finish was a 4<sup>th</sup>. This was Maycie's first time sailing a Tera in a regatta so it was a steep learning experience, she managed to beat six boats in her best race of the day. It was a clean sweep for the Pugh Sabot racers where McKenna won the first race and finished 2<sup>nd</sup> overall and Griffyn extended his streak of regatta wins with another 1<sup>st</sup> over-

all. Thanks to all of these young sailors for representing LMVYC so well.

This was of course a fund raiser to combat Leukemia and BCYC was able to raise many tens of thousands of dollars for the cause. The Junior Regatta did its part raising more than \$3000. This is a great event for a good cause and should be on everyone's calendar for next year.

### Junior sailing team members post big wins!

From Rod Simenz



Wow, a hat trick. Kate Sweeney got things started with her 1<sup>st</sup> place in the RS Tera class at the Long Beach YC, Beach to Bay Regatta. Then Nicole Sighiartau came from behind to place 1st in the two day Midsummer Regatta hosted by Lido Isle YC. She sailed in a tough Sabot B class where they raced ten races and she won by one point. That earned her a move up to Sabot A in future regattas. Deagan Willis completed things with a runaway 1<sup>st</sup> in his Sabot class with 24 entries. He posted four 1<sup>st</sup> place finishes and won with a 22 point margin over 2<sup>nd</sup> place. He also earned a move up in Sabot class to C2. Even one of our newest junior sailors, Maverick Trudell got in the act. He sailed in his first regatta off the lake and finished ahead of sixteen Sabots from four different yacht clubs in his best race.



# The Main Sheet

## LAKE MISSION VIEJO YACHT CLUB

### More Junior sailing results

By Rod Simenz



Kate, Emily ( Winner of the Tera California Series and also NA Tera Champ) and Deagan with their

Three Juniors went to the Sabot Junior National Championship sailed on Tuesday, 8/7 through Thursday, 8/9, in Alamitos Bay. Long Beach YC hosted the event. There were 140 entries, about half the boats were held at the dock while the other half were on the course at any given time. Nicole Sighiartau, Griffyn Pugh and McKenna Pugh did well in the qualifying rounds but the championship rounds turned out to be very tough, especially during the times of high winds that resulted in many capsized boats. Still, it was an amazing event and all three are planning to compete again in 2019.

On Sunday, August 12, Kate Sweeney placed 3<sup>rd</sup> in the Tera fleet at the R H Dana Charity regatta. This was the last regatta in the Tera California Series that was comprised of regattas held at Newport Beach, Marina del Rey, Long Beach and West Lake in addition to Dana Point. Kate took second place in the Tera California Series and

Deagan Willis got third.

### Fun at the All Girl Regatta

By Rod Simenz

Kate Sweeney, Vivian Ikeda and and Lucianna Noy got together and qualified a Tera Class at the Lido Isle YC All Girl Regatta on July 13<sup>th</sup>. The American Legion YC again graciously made boats available for them to sail. We can be seen picking up the boats at ALYC before they sailed on down to LIYC. The flags at ALYC show the breeze was up early and it just got stronger during the afternoon. High gusts resulted in many capsizes including all three of our girls. It was only the second time Lucianna had sailed a Tera and I asked her about her capsize. She had a good response, she said, well I told her to just follow Kate and do what she does so when Kate went over she did too. Kate took 1<sup>st</sup>, followed by Vivian and Lucianna.







# The Main Sheet

## LAKE MISSION VIEJO YACHT CLUB

### RS Tera North American Championship

By Rod Siminez

The first ever RS Tera North American Championships were held August 4th and 5th in the ocean outside of Dana Point Harbor. DPYC was the host organization.



Three of our junior sailors, Vivian Ikeda, Kate Sweeney and Deagan Willis joined 28 other entries to have some fun. Day one was the qualification round and consisted of three races in mostly light wind, the top 15 finishers made it to the Championship Gold Fleet. Kate had been able to get a few ocean sailing practices in before the regatta but Vivian and Deagan got their first chance to sail in the ocean Friday the day before the regatta. Chop, swells, strong current and power boat wakes were a new experience. Kate did very well in the qualification round placing 6th overall and made it easily into gold fleet. It took a while before results were posted so Deagan and Vivian left for home not knowing if they made into gold. Sunday morning when they registered they

each were handed a gold ribbon to tie to their booms, they made it! The look of surprise, and then big smiles on their faces and their parents was something special.



Sunday the three of them got towed out to the starting line to compete in five races for the championship. Wind was much better and made for a more exciting ride. They didn't win ... this year! But they all sailed a good regatta, Kate placed 6th overall with a best finish of 3rd place, Deagan was 9th with a 4th place best finish and Vivian, who had very little experience sailing the Tera made a good showing of 12th place out of the 31 competitors. Congratulations to these three young sailors for representing LMVYC so well on and off the water.





# The Main Sheet

## LAKE MISSION VIEJO YACHT CLUB

### Letter To Captain Rod

To: Captain Rod, Mission Viejo Youth Sailing Foundation  
From: Griffyn Pugh, LMVYC Jr. Sailing Team

Dear Captain Rod,

I want to thank you and the Mission Viejo Youth Sailing Foundation (The Foundation) for recommending me for admission to the Balboa Advanced Sabot Clinic (B.A.S.C.) this summer. I am so grateful for everything that you and The Foundation have done for me.

The experience at B.A.S.C. was truly amazing. The training I received during the weekend class was exceptional from beginning to end. Not to mention that the Balboa Yacht Club is a beautiful venue for sabot training. I learned so much from both the coaches and my fellow sailors! By far, my favorite part of the entire experience was learning to sail backwards in a sabot! The most important technical skill I learned during the class was the proper execution of the roll tack. I can't wait to start using this new skill in the upcoming regattas!

I earned first place in my fleet during B.A.S.C. which is a great credit to the foundational skills that I have learned as part of the Lake Mission Viejo Yacht Club Junior Sailing Team. I am so proud and thankful that I have had you, Captain Rod, as my sailing coach for the past several years. You have set me up for success.

As the Jr. Vice Commodore for the LMVYC Junior Sailing Team I will do my best to share all that I learned during B.A.S.C. training with the younger sailors in the fleet.

Thank you for this amazing opportunity to develop and grow as a sailor.  
Sincerely,

Griffyn Pugh



Griffyn Pugh & Deagan Willis with awards from the final day of B.A.S.C. at the Balboa Yacht Club

### A report from Balboa Advanced Sabot Clinic, BASC

From Deagan Willis

On the 19<sup>th</sup> and 20<sup>th</sup> of May, I, Deagan Willis a member of the Lake Mission Viejo Junior Sailing Team, went to an advanced sailing clinic where I learned a number of things from sailing backwards to controlling my boat speed. At this clinic, I met junior sailors from other yacht clubs. I also sailed alongside my good friend Griffyn Pugh who also participated in the clinic. We had two very nice coaches who taught us some helpful skills that I hope to use in the future. I was happy to receive the Sportsmanship Award and to place third in the race at the end of the clinic.

I would like to thank Mission Viejo Youth Sailing Foundation and LMVYC for their support. I would also like to thank the coaches who taught us at Balboa Yacht Club. My biggest thanks goes to my coach, Captain Rod. He has taught me so much and continues to patiently teach me every week.



# The Main Sheet

## LAKE MISSION VIEJO YACHT CLUB

### Your Leadership Needed

LMVYC has been going strong for 41 years because to the many members that have volunteered their time and talents. In November we will again be holding the annual elections for next years club leaders. The new board will also need to fill the many appointed positions that are so critical in operation the organization. If you have the desire to make the club better and want to be a part of our future success please contact Jr. S/C Mark Glackin [mark.glackin@gmail.com](mailto:mark.glackin@gmail.com) to see how you can help.

### Old Glory Boat Parade



Most of us agree that the annual Christmas Boat Parade in Newport Harbor is an event not to be missed and has annually ranked as one of the top ten holiday events in our nation. But boat parades are not just limited to holiday season. Those individuals that made their way to Newport Harbor to enjoy the 4<sup>th</sup> of July were treated to the Old Glory Boat Parade hosted by the American Legion Yacht Club. The event started in the 1950's known then as the "Newport Harbor Character Boat Parade" and was previously hosted by the Newport Harbor Chamber of Commerce and originally held in September. ALYC took over the event about 20 years ago and moved it to the 4<sup>th</sup> of July one of the most important dates on the Legions calendar. Registration to enter the parade is free and boaters are urged to decorate their vessels in accordance to the year's theme. Each year, thousands of onlookers line the harbor to catch a glimpse of the boats adorned with patriotic flags and decorations, as they make their way around Newport Harbor. Boaters dress in America-theme

costumes, play patriotic music and make a good-hearted attempt to take home one of the parade prizes including "best decorated," "outstanding music," "finest costumes," "most creative animation" and "greatest spirit."

During the end of July an awards dinner is held to honor the winners on the many different categories. If you own a boat mark you calendar now for the boat parade next 4<sup>th</sup> of July. No boat no problem come to the shore and enjoy the festivities.







# The Main Sheet

## LAKE MISSION VIEJO YACHT CLUB

### California Coastal Clean-Up Day



In 2017 over 63,200 volunteers removed over 709,000 pounds of trash and recyclables, cleaning up over 1,800 miles of coastline. You can be part of this effort by joining others at one of over 1,000 coastal or inland clean up sites.

This effort was first started in Oregon in 1984 and was hugely successful. The following year California joined this effort with close to 2,500 volunteers. In 1993, California Coastal Cleanup Day was recognized by the Guinness Book of World Records as the "largest garbage collection" ever organized, with 50,405 volunteers. The program has grown over the years to include many nations around the globe.

You and your friends are invited to take part in this effort on Saturday September 15<sup>th</sup> from 9:00 am to noon. To sign up or just get more information please visit [www.Coast4U.org](http://www.Coast4U.org).

### SCYA Midwinter Regatta

The 90<sup>th</sup> Annual MidWinter Regatta is coming up February 9<sup>th</sup> & 10<sup>th</sup> and 16<sup>th</sup> and 17<sup>th</sup> and the SCYA race committee is already working on making 2019 the best year ever. LMVYC will not be a host venue for 2019 and as a result the members have an opportunity to participate at other venues. There is a club hosting a class in almost every type of boat you are interested in racing within a short drive of the lake. This may be a great opportunity for some of our racers to check out the facilities of Westlake YC that races many of the same boats we do.

While the final details are still being worked out please see the regatta website at [SCYAMidwinterregatta.org](http://SCYAMidwinterregatta.org) to get an idea what fun you can have.



### Sail for the Blind and Visually Impaired Oct 6 2018

This terrific event started in 1990 when Bonnie Gibson and Bobbie Reed took 15 blind people sailing on a 40-foot sailboat. Each year since then, they have taken more people out and enlisted more skippers to



assist. Now, although Bonnie and Bobbie are still actively involved in the event, it has grown so large that it is sponsored by WSA-OC and hosted by the American Legion Post 291.

Approximately 45 skippers and boats from the community are needed to participate in this worthwhile event. Over 150 volunteers are needed to act as escorts, servers, crew, guide dog sitters and more. If you would like to be of assistance, or you would like to donate items for the fund-raising drawing or service dog gift bags, please contact WSA-OC at [info@wsaoc.org](mailto:info@wsaoc.org)! WSA-OC is a 501(c)(3) corporation and donations may be tax deductible.



# The Main Sheet

LAKE MISSION VIEJO YACHT CLUB



**SAN DIEGO**  
OCTOBER 18-21

Renowned for its intense racing, the adrenaline-fueled Extreme Sailing Series™ returns to Harbor Island, San Diego, following its successful debut in 2017. The last stop on the action-packed global tour will play host to a fleet of elite-level international sailing teams, whose crew boasts Olympians, World Champions and America's Cup superstars.

In addition to breathtaking racing, the event will provide shore-side entertainment for the whole family from October 18-21. Spectators can enjoy entertainment, bars, food stalls, the US Sailing Education Zone and expert commentary of the racing, and also take advantage of the perfect viewing spot from the free-to-enter public Race Village.

The GC32 racing will be complemented by the Open BIC sailing class taking to the water each day, as well as Go Seaquest, Schiller Bikes and much more!

Alternatively, enjoy the Stadium Racing from the comfort of the VIP Extreme Club which offers guests the opportunity to enjoy the event in style. With unrivalled views of the racing, five-star catering, refreshments and exclusive entertainment and behind-the-scenes access, it promises to deliver an unforgettable experience.

You can also enjoy the Stadium Racing from the best seat in the house with the Guest Sailor spot. Ride on board the flying catamarans during racing for a truly memorable experience. VIP and hotel packages available at [www.extremesailingseries.com/sandiego](http://www.extremesailingseries.com/sandiego). Don't wait, book your spot now!







# The Main Sheet

## LAKE MISSION VIEJO YACHT CLUB

### Dangerous Practices

Long Beach CA: Coast Guard and Law enforcement officials are investigating a disturbance following reports of a screaming man being dragged out to sea behind a boat. "We received multiple accounts of two suspects forcefully pulling a young man behind their motorboat at high speeds," said Captain David Has-



selhoff of the LA Life Guard Department. He also noted that people on shore observed the man frantically waving and shouting the entire time he was yanked through the water by a 75-foot length of rope. "Witnesses indicated that the suspects appeared to enjoy putting the man through this ordeal, even laughing out loud at him when he yelled that they were going too fast." Sources further confirmed that any time the man became disconnected from the boat, the two men quickly reattached him so they could continue dragging him across the wa-

ter. We are learning that this is a wide spread practice that even involves small helpless children. If you see this type of activity please call local officials. These practices must be stopped before they get out of hand and someone gets seriously hurt.



### Oktoberfest Sunday Sept 23<sup>rd</sup>



Why endure a 12-hour plane ride just to have a bier in Munich with strangers when you can enjoy an afternoon on the water, have biers and brats right here at Lake Mission Viejo. We will be hosting a regatta starting at 1:00pm followed by one of our members favorite events of the year the annual Oktoberfest celebration. So, put on your lederhosen or dirndl, come fill your bier stein and enjoy this LMVYC tradition.

### Thirsty Thursday Races not just about Beer



Team Trofinaz

Many people think beer can races are about getting together with friends, drinking beer, and having fun. All that is true but for the LMVYC sailors that take part in the Thirsty Thursday Regatta Series sponsored by Dana Point Yacht Club it's also about sailing hard and fast and yes winning. The sailors from LMVYC usually sail aboard three different boats in the 10 boat C Class. The 17 total races are usually under 4 miles due to the usual failing winds around dinner. The races finish with what in most cases is a long beat up the channel to the DPYC club house where the race committee is waiting on the balcony. The strategy employed on the mile beat up the narrow channel is many times a deciding factor on how well you place. In any event you must complete the course before the official sunset time, which in



# The Main Sheet

## LAKE MISSION VIEJO YACHT CLUB

Thirsty Thursday cont.;

many cases is not possible and is disappointing after struggling for so long.



Trofina2 before the start

The usual LMVYC sailors include Bill Yount (Trofina 2), Kevin Weir & Patrick Stege (Bon Vivant) and Carl Peaz & Peter Tietz (Elizabeth). These 3 boats also race in the Farkels on Thursday afternoon which adds some additional local knowledge and may account for the 1(Trofina2), 2(Elizabeth),3(Bon Vivant) finish of the boats with LMVYC sailors. If you would like to get some ocean sailing under your belt, get a hold of some of the sailors racing in Dana Point and they probably know someone looking for crew.

Also spotted on the race course on many evenings is Tyler Peyatt aboard Sedona. They finished in second place in class B.

### Team Challenge

By Commodore Emmet Rixford



Check out some of the action at this year's Team Challenge Regatta. For 2018 we went back to the relay format which creates an interesting dynamic. With more than half the participants on the dock watching as the others raced, there was plenty of camaraderie and critique from teammates and competition alike. Talk about all eyes on you...

LMVYC 2018 Team Challenge Participants:

#### Red Team

Kevin Weir, Team Captain  
Arnold Christensen  
Bill Taylor  
Patrick Stege  
Ted Ishikawa  
Tony Musolino

#### White Team

Graham Newman, Team Captain  
Bill Yount  
Tyler Peyatt  
Guy Heaton  
Emmet Rixford  
Frank Fournier

#### Blue Team

Frank Roberts, Team Captain  
Ron Meyer  
Don White (Thistle/Ron)  
Randy Tiffany  
Robert Van Pelt  
Scott Pursell

A special thanks goes out to the Race Committee. They certainly had their hands full, finishing one class on one side of the committee boat while managing the start of another on the opposite side at the same time. Great job by all involved!







# The Main Sheet

## LAKE MISSION VIEJO YACHT CLUB

Team Challenge cont;



While the White Team eventually claimed victory, I think we can safely say, a good time was had by all!



Photos from Donna Stegall





# The Main Sheet

## LAKE MISSION VIEJO YACHT CLUB

### 41<sup>st</sup> Annual Regatta

On Sunday August 26<sup>th</sup> twenty-six boats convened at the lake for the 41<sup>st</sup> annual regatta. It was a beautiful day with the typical gusty and shifting winds for what the lake is known. There was enough breeze to get in 3 reasonably long races before it was time for the BBQ. It was pretty close racing in the 6 boat A-fleet with the 2 points separating 1<sup>st</sup> and 3<sup>rd</sup> place. Tyler Peyatt in first, Patrick Stege in second and Mark Glackin with Connor Glackin as crew in third.



In the 10 boat B class the races were also hotly contested. Nicole Sighiartau with Sophia Devling were first followed by Marcus Compton in second and Emmet and Vicky Rixford were in third.

The C fleet featured 8 juniors with Griffin Pugh finishing first in a Sabot. Second place went to Vivian Ikeda in a Tera and Cheyenne Stegal in a Laser finished third. All first-place finishers were part of the LMVYC junior program a great testimonial to the program Rod Simenz has put in place.

All this racing could not have been accomplished without the hard work of the Race Committee Allyn and Sue Edwards, Audrey Simenz, Susanna Hugelshoffer, Aki Hirota, and Mia Ishikawa.







# The Main Sheet

## LAKE MISSION VIEJO YACHT CLUB

41<sup>st</sup> Annual Regatta Cont.



R/C Randy and Kit Tisdale cooked up over 40 pounds of brisket to go with the potato salad and beans that feed the estimated 100+ hungry members. Helping him on the hospitality crew was Randy's son Ryan, Mark & Mary Ellen Glackin, Susanna Hugelshofer and Kimberly & Taro Ikeda.



Although he was not able to attend due to family obligations the members wanted to honor Ced Fields on his 94th birthday by singing happy birthday and sharing a cake. Ced is one of the original club members and we look forward to having him at the regatta next year.

and helping to clean up the area after the event. With large crowds having the right amount of food and beverages is a daunting task. Please make this easier by remembering to RSVP before the event.